

And Then There Were **3**

7 Days to Reveal Your Top 3 Desires & Set the Stage for Powerful Manifestation



Set the Stage for Your Future

I've already written my Day 1 List and I'd love for you to Join Me for the next week and let's do this together. Let's narrow down what you TRULY want.

Start Here **Instructions**



Today: Write 21 Wishes for your life

Day 2: Narrow List to 18 Wishes

Day 3: Narrow List to 15 Wishes

Day 4: Narrow List to 12 Wishes

Day 5: Narrow List to 9 Wishes

Day 6: Narrow List to 6 Wishes

Day 7: Now Narrow the list to 3 Final Wishes

Things to Keep in Mind:

- Don't Use Your Head...Tap into Your Heart as You Write
- See if there are things you can combine as you narrow the list
- Notice if you discover patterns or trends
- Keep the goal of finding your Top Three Wishes in Mind
- On Day 7, You'll have narrowed your list down to the top three wishes guiding you toward your immediate goals
- Now write your **list of three** on everything you see every day: your screen savers, your bathroom mirror, your car dash, your fridge, your wallet, your planner...*you get it.*
- Look at it every day...even a couple times a day
- Don't think about 'how'...just focus on 'how you feel' when you imagine receiving those wishes. Go ahead...dream!
- Ask for guidance, ask for direction, ask for support...then stay open to receive!

Now get out your pen and get it done!



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